

THE PERFECT

10

ENERGY
SAVING TIPS

INTERGAS®
BOILERS

Our Top 10 Energy Saving Tips are really easy to follow and are all free or cost very little to put into practice, but every single one will save you money.

If you'd like to lower your energy bills right now, then please read on.

1



While the kids are away

When a room isn't in use, turn the TRV down to frost protection and close the door.

2

Mind the gap

Use draught excluders to stop heat loss through gaps under doors.



3



Popty ping

Instead of the hob, which eats up electricity, use the microwave oven and save up to £60 a year.

4

Let's talk dirty

You'll still be clean if you cut your shower time by one minute, but you'll also be £7 better off per person per year.



5



Don't just stand by and do nothing

Save up to £30 a year turning off your appliances on standby.

Intergas, manufacturers of high efficiency boilers, are proud to support the National Energy Action charity in their campaign to end fuel poverty.

www.intergasheating.co.uk
www.nea.org.uk



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6



It's a wrap

No double glazing? Cover your windows with heavy duty polythene to keep in the heat.

7

Heads you win

Enjoy your shower even more with an eco shower head; this will reduce your energy bill by as much as £70 a year.



8



Speculate to accumulate

LED bulbs last for years, use minimal energy and could save a household up to £35 a year; they're well worth the initial outlay.

9

You're going down

You can reduce your energy bill by as much as £75 a year just by turning your thermostat down 1°.



10



Just add cardboard

It costs more to run a fridge freezer when it's empty, so keep it full of cardboard boxes until you restock.

These small steps can make a big difference.

You should also check whether you're getting the best deal from your energy provider and if your boiler's performance is as efficient as it should be.